

ASIST 10 & 11 – Applied Suicide Intervention Skills Training (2 day training) by Chad Diabo

ASIST, Applied Suicide Intervention Skills Training, otherwise known as Suicide 1st Aid, is a comprehensive skills building training whereby participants learn how to save a life. This two day training, is delivered at minimum by two trainers, more are needed if the group is larger than 24 persons.

Participants will learn how to identify a person with suicidal thoughts, how to ask the question “Are you thinking of killing yourself”, how to listen and understand the person at risk of suicide and ultimately how to contract a safe plan for that person.

This training is offered worldwide, it is a standard training the is endorsed by many notable agencies; The First Nation & Inuit Suicide Prevention Association of Quebec and Labrador, the Canadian Armed Forces and Corrections Canada to name a few.

ASIST 11 is the latest and most updated version of the training.

Biography: Chad Diabo

Chad is an accomplished and reputable trainer. He is a certified to deliver MHFA for Adults that Interact with Youth and ASIST (9, 10 and 11 versions of this training). He has extensive professional knowledge and life experience in working with people in crisis. He has authored and delivered many other presentations and workshops in many different Native, Inuit and Canadian communities. He was an active board member with First Nations and Inuit Suicide Prevention Association of Quebec and Labrador for over 16 years.

Currently, employed at Waseskun Healing Center. Using his knowledge and traditional medicines. He is a Traditional Helper to the Male residents that go to the centre. Through a combination of programs, going onto the land and ceremonies they help the men heal themselves, not just therapy and work on their issues, but get right into the roots of their lives and help them heal from their childhood trauma. In his spare time, he is a volunteer fire fighter and 1st responder in his community. He is also a Pow-wow drum carrier, drummer and singer. He tries to live his life as a positive role model and inspiration to others.