

Intergenerational Trauma - 3 day workshop by Emily Henry

Indigenous peoples in Canada have experienced societal and psychological harm that have caused a cycle of intergenerational impacts affecting future generations of Indigenous peoples. Historical events (e.g., residential school, day school, foster care) directly impacted Indigenous peoples lives through a dismantling of societal structures and has resulted in intergenerational trauma. As a result of experiencing abuse and/or disconnection from their families, harmful cycles became deeply entrenched in the lives of Indigenous peoples, their families and communities (rural or urban). Today the perpetuation of lateral violence is found in communities and is reflective of the common, yet unique experiences of Indigenous peoples, such as: higher rates of suicide, poverty, incarceration, disconnection from culture, substance abuse, victimization, etc. The Intergenerational Trauma Workshop is designed help to deepen integration of holistic traditional values and healing as a way to seek cultural restoration of healthy communities.

There will numerous handouts in the training.

If names and email addresses are forwarded to me. Participation Certificates be available for participants.

Kinana'skomitin (thank you).

Kākithaw niwākomākanak (All my Relations),

Kihci Têpakohp Iskotêw Iskwêw (Emily Henry)

Biography Emily Henry

Emily Henry is a traditionalist and follows her ancestral teachings and ceremonial practices. Emily is employed in the federal justice system, where she authored 10 culturally based intervention programs that are currently offered to every federally incarcerated male Indigenous offender across Canada. She has also authored several training manuals for staff and Elders. Emily has been the recipient of numerous awards at workplace, including the prestigious 'Art Solomon memorial Award' for outstanding Indigenous employee. In 2017, she was awarded the Distinguished Alumni Award from the University of Fraser Valley. Emily's original home territory is the Ochapowace First Nation in Saskatchewan.