

Working with Youth by Dennis Windego

Working with youth workshop will allow participants to understand problems youth struggle with that may contribute to suicide in their communities. Through various cultural teachings and interactive group activities, participants will gain knowledge and understanding of addressing youth suicide. Learning new tools and talking about suicide using innovative sensory techniques for youth to educate, intervene and prevent further youth suicides.

Bio: Dennis Windego is a well-respected trainer and psychotherapist in the area of Post-Traumatic Stress Disorders and Complex Trauma. Dennis has been providing one on one, family and group sessions for over 20 years within outpatient treatment settings in First Nations communities across Canada. He has been a guest speaker at many conferences and healing gatherings involving the judicial, education and health systems. Dennis is a survivor of residential school, alcohol and drug abuse and family violence. It is with this knowledge and his personal healing journey that has made him the admirable therapist, activist and teacher he is today and the reason why he can relate so personally to people. Dennis has helped many people in overcoming trauma and deal with unfinished business stemming from their childhood and to live more empowering lives.